



CLUB BOXING GUIDELINES

TO BE READ IN CONJUNCTION WITH AIBA TECHNICAL RULES
AND
AOB COMPETITION RULES

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England Boxing

CLUB BOXING GUIDELINES

GENERAL

1. This document only makes reference to club boxing.
2. The objective of this document is to provide guidance for Supervisors, boxing officials and volunteers when officiating and organising boxing club tournaments.

CLUB BOXING TOURNAMENTS

3. All club tournaments must be issued with a Divisional, Association or England Boxing permit.
4. All competitive tournaments should have the following qualified officials:- Supervisor, Assistant Supervisor, Referee(s) and Judges, Timekeeper, MC, Doctor and a Recorder (no qualification).
5. The Supervisor shall have complete charge of the club tournament and their decision is final in all matters. They should also use their common sense with decisions in all aspects of club boxing.
6. It is recommended that a max of 10 bouts be held on a dinner show and 16 on a club show.
7. Boxers under the age of 16 yrs shall not be permitted to box at any tournament after 2230hrs.
8. It is recommended that boxers between 16 and 17 yrs of age should not box after 2300hrs.
9. It is recommended that elite boxing is completed by midnight.
10. It is recommended that no session of boxing should exceed 3 hours between breaks.
11. There should be a minimum 12 hour rest period between bouts.
12. If a boxer receives a KO, RSC, RSC-I during a bout then AIBA rules shall apply.
13. No exhibition bouts are permitted at ANY tournament

CATEGORIES OF BOXER, MATCHING INFORMATION, CONTESTS IN A SEASON AND ROUND DURATION

14. The categories of boxers are determined in most cases by the year that the boxer is born and not date of birth with the exception of Minors where the category entry date is determined by date of birth.
15. All boxers under the age of 16 may take part in both competitive contests and skills bouts (See

Para 37), the details of which are contained in the paragraphs below and on the matrix at the end of this document.

Minors

- 16. A boxer is classed as a Minor from their 10th birthday and any boxer born in the year 2006.
- 17. Minors may only be matched against other Minors with an age gap of less than 12 months.
- 18. Bouts involving Minors are to be 3 rounds of 1 minute with a rest interval of 1 minute between rounds.
- 19. It is recommended that Minors shall be restricted to 10 contests per season including skills bouts but excluding championships.

Schoolboys/girls

- 20. A boxer is classed as a Schoolboy/girl if they are born in the years 2003, 2004 and 2005.
- 21. Schoolboy/girl bouts are to be 3 x 1½ minute rounds with 1 minute interval between rounds.
- 22. A Schoolboy or girl boxer may only be matched against a boxer with an age gap of up to 12 months.
- 23. It is recommended that Schoolboy/girl boxers shall be restricted to 14 contests per season including skills bouts but excluding championships.

Juniors

- 24. A boxer is classed as Junior if they are born in the years 2001 or 2002.
- 25. Junior bouts are to be 3 x 2 minute rounds with 1 minute interval between rounds.
- 26. Junior boxers may be matched against other Junior boxers, there may not be more than a 24 month age gap between boxers; extra caution must be taken when matching boxers with more than a 12 month age gap.
- 27. It is recommended that Junior boxers shall be restricted to 14 contests per season including skills bouts but excluding championships.

Youths

- 28. A boxer is classed as a Youth if they are born in the years 1999 and 2000.
- 29. Youth bouts may include 3 x 2 minutes rounds, 4 x 2 minute rounds and 3 x 3 minute rounds all with a 1 minute rest interval between rounds.
- 30. Youth boxers may be matched against other Youth boxers, there may not be more than a 24 month age gap between boxers; extra caution must be taken when matching boxers with more than a 12 month age gap.

31. Youth boxers shall be restricted to 18 contests per season excluding Championships.

Senior Boxers

32. There are two classes of “Senior” boxer – Elite and Development.

- a. An Elite boxer is a boxer born in any year between 1977 and 1998 that enters, or has entered, the Elite Championships previously known as the England Boxing Open Senior Championships. (Entry means weighing in and entering the draw).
- b. Once a boxer has entered these Championships and participated at any stage of this competition, they can no longer box at a lower level. (Participation means weighing in and entering the draw)
- c. A Development boxer is a boxer born in any year between 1977 and 1998 and has limited experience as;
 - i. Male Development A – A boxer who has not entered in to the Elite Championships and has less than 11 bouts (not including Skills) experience and has not won the England Boxing Development Class A boxing championships.
 - ii. Male Development B – A boxer who has not entered in to the Elite Championships and has 11 bouts (not including Skills) or more and less than 21 bouts experience and has not won the England Boxing Development Class B boxing championships.
 - iii. Female Development A – A boxer who has not entered the Elite Championships and has less than 7 bouts (not including Skills) experience and has not won the England Boxing Development Class A boxing championships.
 - iv. Female Development B – A boxer who has not entered in to the Elite Championships and more than 6 bouts but less than 15 bouts (not including Skills) experience and has not won the England Boxing Development Class B boxing championships.

33. The Development boxer can return to box as a Development boxer having boxed an Elite boxer and box 3 x 2, 4 x 2 or 3 x 3 minute rounds, unless he or she has entered the England Boxing Open Senior Championships.

34. Elite bouts are to be 3 x 3 minute rounds with 1 minute interval between rounds.

35. Elite and Development boxers shall be restricted to 18 contests per season excluding Championships.

Deaf and Speech impaired boxers

36. A deaf or speech impaired individual is permitted to box but all involved parties should refer to AIBA technical rule 2.2.3.2. and then refer to the AIBA Medical Handbook.

SKILLS BOUTS

37. Skills bouts are a means of allowing boxers to gain experience in a controlled environment, these bouts are very strictly controlled and are to adhere to the following conditions;

- a. A skills boxer (under 16 years old) may only have 8 contests in total, and then they must box competitively.
- b. A skills bout between minors must be within 1.5 kilos in weight difference.
- c. A skills bout between Juniors must be within 2 kilos in weight difference.
- d. No skills boxer can give more than 12 months in age.
- e. A Competitive boxer can also box skills bouts up to the age of 15, but must not have had more than 4 competitive bouts.
- f. A maximum of 6 skills bouts per club tournament shall be boxed unless it has been advertised as a skills tournament. No other bouts (i.e. competition bouts) to be allowed on a skills tournament.
- g. Coaches are not permitted to coach from the corner on Skills bouts.

OFFICIALS

38. The Supervisor shall have complete charge of the club tournament and their decision is final in all matters. They should also use their common sense with decisions in all aspects of club boxing.

39. The AIBA 10 point must system of scoring is to be used.

Appointments

40. All competitive tournaments should have the following qualified officials;

Supervisor
Assistant Supervisor (Optional)
Referee (s)
Judges (no less than 3)
Timekeeper
Master of Ceremonies / Announcer
Ringside Physician
Recorder (no qualification reqd)

41. Judges - 3 Judge scoring may be used for club tournaments.

42. If due to unforeseen circumstances not all of the officials present for a tournament the following is recommended;

- 5 x Judges & 1 x referee – either 5 judge manual scoring or 3 judge manual scoring
- 4 x Judges & 1 x referee – 3 Judge manual scoring
- 3 x Judges & 1 x referee – 3 Judge manual scoring
- 2 x Judges & 1 x referee – 2 Judges manual score and referee to score
- 1 x Judge & 1 x referee - Referee only to score
- 1 x referee only – Referee to score
- Any number of judges but no referee – No boxing.

COACHES/SECONDS

43. Each boxer is permitted 3 seconds in his/her corner.

44. Rule 16 of AIBA Technical Rules shall apply to club boxing, in particular Rule 16.3.1 which reads;

“Seconds will not be permitted to stand up and/or to encourage or incite spectators by words or signs during the progress of the round. Seconds will not be allowed to touch the ring during the bout, yell, clap or cause a scandal or disturb the competition”

45. Coaches may coach their boxer from the corner but must adhere to Rule 16.3.1.

Sparring

46. A boxer must be registered with England Boxing before being permitted to spar.

47. If a boxer receives a KO or a sparring session is stopped due to a boxer receiving a blow or a combination of blows to the head and or body then AIBA rules shall apply.

Professional Coaches

48. A coach with a professional coaching license may corner a boxer provided he has the appropriate England Boxing qualification. To second an England Boxer at International level or AIBA qualifying event the coach must have a minimum of AIBA level 1 coaching certification.

DRESS AND EQUIPMENT

Officials

49. Male officials, except referees, should be attired in blazer or jacket, trousers, shirt with collar and tie.

50. Female officials, except referees, should be attired in blazer or jacket, trousers or skirt, blouse or shirt with collar.

51. Referees should be attired in a white shirt/blouse black bow tie, black trousers (not jeans) and

Black flat soled training shoes.

Boxers

52. As Appendix D in AOB Competition Rules with the exception that they may wear club colours on Club tournaments, except that no boxer may wear a red vest whilst boxing from the blue corner or a blue vest whilst boxing from the red corner.

53. If the waistband on the shorts is the same colour as the vest and shorts, a red, blue or white sash should be worn to identify the waistline.

54. All boxers must be clean shaven (including moustaches).

55. ALL body piercing (including piercings not on the target area) must be removed prior to Pre Bout medical.

Competition Gloves

56. Male Senior boxers over 64kg MUST wear 12oz gloves on all club tournaments.

57. Male Senior boxers 64kgs and under MUST wear 10oz gloves on all club tournaments.

58. Will be as per AIBA rules weights and classification. One rotation of tape may be used to secure the Velcro fastening on the wrist if necessary.

Headguards and Breast Protection

59. All male Development Boxers and male Elite Boxers will box without headguards.

60. All other Male & Female boxers MUST wear headguards and use 10oz gloves.

61. It is mandatory that all Skills (boys and girls), Schoolboys and Girls, Junior (boys and girls), Youth (boys and girls) and Elite and Development Females MUST wear headguards.

England Boxing has no intention of removing headguards for any of the above categories of boxer.

62. It is not mandatory for Female boxers, of any category, to wear either a breast protector or groin protector.

Bandages

63. Must not be longer than 4.5 metres (14.76ft) and no shorter than 2.5 metres (8.2ft) and 5.7cm (2¼in) wide.

64. Bandages must be made of a stretchy cotton material with Velcro closure or a small piece of tape 7.6cms x 2.5cms (3in x 1in) max and must be AIBA approved.

65. Professional Bandages are not permitted.

Gum Shields and Braces

66. These are mandatory for ALL male and female boxers. NO RED OR PARTLY RED gum shield shall be worn.

67. If a boxer wears orthodontist braces, it is the responsibility of the Ringside Physician to make an assessment at the pre bout medical as to whether the boxer should be permitted to box.

Contact Lenses

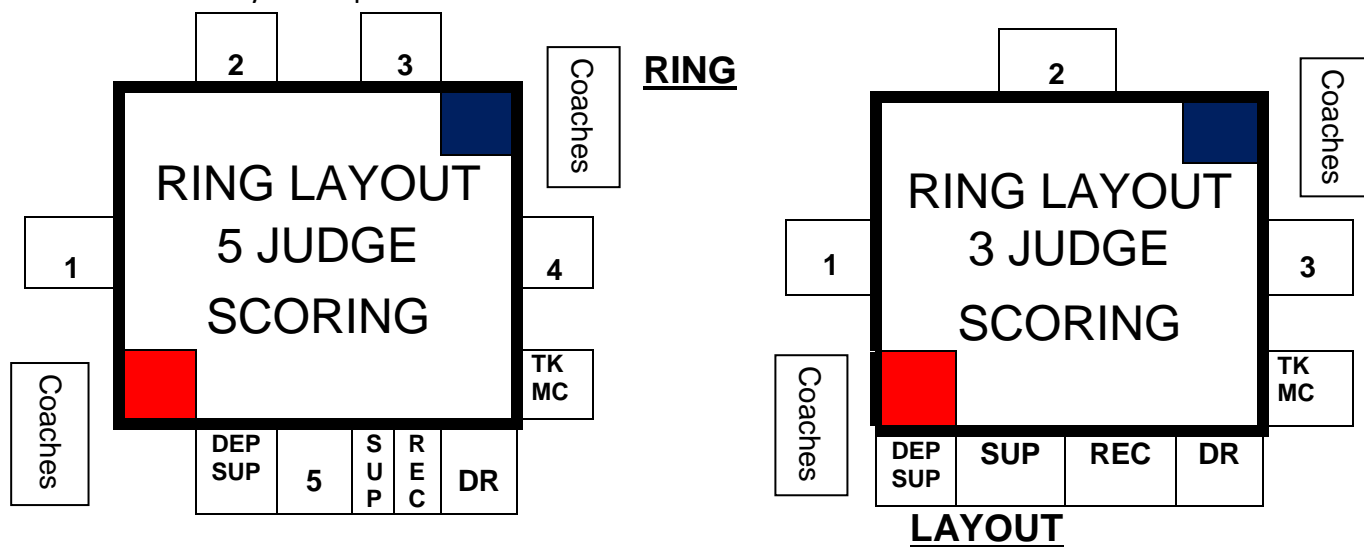
68. Soft Contact lenses may be worn. (boxers should refer to AIBA technical rule 2.2.3.3.4 & 2.2.3.3.4.1)

Ring

69. The minimum size shall be 4.27 metres square (14ft sq.) inside ropes and to a maximum of 6.10 metres square (20ft sq.) inside ropes. There shall be a minimum of 2 metres clearance on all four sides of the ring between the ring and the public.

70. The ring should be safely constructed and fit for purpose on all club tournaments.

71. The ring should be set out as per diagrams below for all club tournaments, the Supervisor is to ensure the Field of Play is compliant and safe.



Audience Seating may not be closer than 2 metres from the edge of the ring platform to the front row.

REFRESHMENTS

72. Refreshments for Coaches and Boxers is not mandatory, but would suggest visiting clubs or the promoting club should communicate whether refreshments are required.

73. Refreshments for visiting officials should be supplied. It is suggested at evening tournaments refreshments are made available prior to the commencement of boxing.

2017 Club Boxing Guidelines

	Skills	Minors	Schoolboy	Junior	Youth	Dev Male	Elite Male	Dev Female	Elite Female
Birth Yr.*	Age 10 – to 15yrs 364 days	Age 10 Yrs and YoB* 2006	2003, 2004 & 2005	2001 & 2002	1999 and 2000	1998 1977	1998 1977	1998 1977	1998 1977
Age*	10,11,12,13,14,15	10 & 11	12, 13 & 14	15 & 16	17 & 18	19 - 40	19 - 40	19 - 40	19 - 40
Rounds & Duration	3 x 1 mins	3 x 1mins	3 x 1.5mins	3 x 2 mins	3 x 2mins 4 x 2 min 3 x 3(Champs)	3 x 2 (A Champs) 4 x 2 3 x 3 (B Champs)	3 x 3 mins	3 x 2 (A Champs) 4 x 2 3 x 3 (B Champs)	3 x 3 mins
Count Limits per boxer result in termination of a bout.	N/A should not happen	2 counts in a single round or 3 in the contest	2 counts in a single round or 3 in the contest	3 counts in a single round or 4 in the contest	3 counts in a single round or 4 in the contest	3 counts in a single round or 7 in a 3 round contest or 9 in a 4 round contest	3 counts in a single round or 7 in a contest.	3 counts in a single round or 4 in the contest	3 counts in a single round or 4 in the contest
Gloves	10 oz	10 oz	10 oz	10 oz	10 oz	10 oz up to a max of 64kg 12 oz over 64kg	10 oz up to a max of 64kg 12 oz over 64kg	10 oz	10 oz
Headguards	YES	YES	YES	YES	YES	NO	NO	YES	YES

*Year of Birth will determine a boxer's category however the age of a boxer may bridge more than 1 category i.e. a boxer born 1 Jun 1998 is classed as an Elite/Dev boxer but will be 18 years of age until 1 Jun 2017.

Elite & Dev Males/ Females	Elite and Development boxers must be born between 1977 and 1999 and should be matched on Weight and Experience. Round duration is to be determined by coaches and the Supervisor.
Youth	A Youth boxer may only be matched against another Youth; there may not be more than 24 months age difference between boxers and extra caution must be taken when matching boxers of more than 12 months age difference.
Junior	A Junior boxer may be matched against another Junior boxer; there may not be more than 24 months age difference between boxers and extra caution must be taken when matching boxers of more than 12 months age difference. A Junior boxer may be matched against a Schoolboy/girl boxer but the age gap may not be more than 12 months and the round duration will be 3 x 1.5mins.
Schoolboy/ Girl	A Schoolboy/girl boxer may only be matched against a boxer with an age gap of 12 months maximum, the round duration is 3 x 1.5 mins.
Minor	A Minor boxer may only be matched against a boxer with an age gap of 12 months maximum.
Skills	A boxer must have had their 10 th birthday to take part in a skills bout. No more than 12 months age difference is permitted. A maximum of 8 skills bouts is permitted.